SCHEDULE GROUP 1 U17 - EREDIVISIE

TUE WED THU FRI

8:45 - 9:15	STICKHANDLING	SHOOTING	STICKHANDLING	SHOOTING
9:15 - 9:45	CHANGE	CHANGE	CHANGE	CHANGE
9:45 - 10:30	ICE	ICE	ICE	ICE
10:30 - 11:00	CHANGE	CHANGE	CHANGE	CHANGE
11:00 - 11:30	MOBILITY	MOBILITY	MOBILITY	MOBILITY
11:30 - 12:15	LUNCH	LUNCH	LUNCH	LUNCH
12:15 - 12:45	CHANGE	CHANGE	CHANGE	CHANGE
12:45 - 13:30	ICE	ICE	ICE	ICE
13:30 - 14:15	CHANGE	CHANGE	CHANGE	CHANGE
14:15 - 15:15	STRENGTH & CONDITIONING	LECTURE	STRENGTH & CONDITIONING	LECTURE
15:15 - 15:45	CHANGE	CHANGE	CHANGE	CHANGE
15:45 - 16:30	ICE	ICE	ICE	ICE